



## Ms Freda Suet Ching Kwok

November 10, 1957 - January 3, 2022

Passed away peacefully on 3rd January 2022,

Beloved mother of Ruby Tsang & Tracy Tsang,

Aged 64 years. Will be sadly missed and forever in our hearts.

If you would like to send you condolences by floral tribute, please visit the link below to view our floral catalogue and contact Galaxy Funerals to arrange:

Link: <https://www.dropbox.com/s/i9za88ug5ays0rc/Floral%20catalogue%202021.pdf?dl=0>

Contact email: [info@galaxyfunerals.com.au](mailto:info@galaxyfunerals.com.au)

Dead line: Wednesday, 05/01/2022 morning 8am.

Due to the COVID pandemic, if you are not able to attend the service in person, live-streaming will be available through the link below:

<https://streaming.naoca.com.au/e/092c8596-e52f-46c9-95bc-f9431ba654da>

Enter PIN: 2971

# Previous Events

## Funeral Ceremony

JAN 6. 2:00 PM - 2:45 PM (AEST)

Macquarie Park Cemetery and Crematorium (Magnolia Chapel)

Delhi & Plassey Rd

Macquarie Park, NSW 2113 (AU)

<https://nmclm.com.au/locations/macquarie-park/>

# Tribute Wall

TO

“ *Memory... a photo of magnolia taken at Magnolia Chapel.*



Tom - February 03, 2022 at 07:15 AM

RI

“ *Richa lit a candle in memory of Ms Freda Suet Ching Kwok*



Richa - January 05, 2022 at 10:19 PM

AJ

“ *Anita Jang lit a candle in memory of Ms Freda Suet Ching Kwok*



Anita Jang - January 05, 2022 at 10:17 PM

NV

“ *Naomi Vanderkley lit a candle in memory of Ms Freda Suet Ching Kwok*



Naomi Vanderkley - January 05, 2022 at 10:07 PM

DP

“ I am lucky enough to have worked alongside Freda at Clicks for 5 years. She was a knowledgeable, friendly and wise colleague, who supported me through some tough times and celebrated with some wins!

*Freda always got involved with team events, in particular Clicks annual Christmas party, with obligatory dress-up!*

*RIP Dear Freda.*

*Dee xxx*



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**Dee Pollett** - January 05, 2022 at 10:05 PM

ED

“ Edith lit a candle in memory of Ms Freda Suet Ching Kwok



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**Edith** - January 05, 2022 at 10:04 PM

MT

“ Lit a candle in memory of my dearest friend Ms Freda Suet Ching Kwok



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**Mei Tai** - January 05, 2022 at 09:48 PM

RO

“ Rowena lit a candle in memory of Ms Freda Suet Ching Kwok



Rowena - January 05, 2022 at 09:33 PM

TT

“ 哀乎吾友，心情沉重。  
本是同窗. 妳不存在，但會活在中學們心裏。永遠在我們的記憶中。



Tom Tong - January 05, 2022 at 08:14 PM

AJ

“ 我们全然信靠的上帝，願賜 Freda 平安 安息，繼續看顧 Freda 至愛的兩個女兒！

Freda, 我們相識於1981年, Octocrest同事, 一段短時間, 我們一班舊同事, 各自走上自己人生旅程於不同城市, 一直以來只要有機會, 我們返香港都會聚一聚, 1992年, Freda 帶著兩個可愛的女兒到 Vancouver 渡假, 兩個小女孩跟我家的兩個小男孩開心的玩了一天, 2017年, 我到Sydney 渡假, 感謝Freda收留我, 一個難忘假期, 全賴Freda 熱情款待, 難得有機會促膝談心. 2019年, Freda來 Canada渡假, 到Vancouver, 我們一起喝茶拍照, 這也是我們最後的一次會面.

Freda, 我們會有機會在天堂上再促膝談心, 永遠懷念你!

Anita Jang - January 05, 2022 at 07:52 PM

AL

“ 8 files added to the tribute wall



AA.Elsie Leung - January 05, 2022 at 06:00 PM

AL

So privileged to have known you Freda who taught us how to embrace all challenges with positivity, grace & EQ 🍷🍷🍷

AA.Elsie Leung - January 05, 2022 at 06:06 PM

AL

“ 8 files added to the tribute wall



AA.Elsie Leung - January 05, 2022 at 05:57 PM

AL

*Freda was a fighter, she would not let the disease to beat her... She went with us (with a nurse among us) to Lincoln's Rock & stay 1 night in Fairmont Resort when later she told us her Hb was only 6.9 □□□□□*

**AA.Elsie Leung** - January 05, 2022 at 06:35 PM

AL

“ 「那美好的仗我已經打過了，當跑的路我已經跑盡了，所信的道我已經守住了。」 (提摩太後書 4:7)

*... I have fought a good fight, I have finished my course, I have kept the faith (2 Timothy 4:7)*



*So proud of you Freda, you had done it all so well bringing glory to God* 👍👍👍👍👍👍

*From Day1 being announced the diagnosis on 31/7/20, you had taught us (everyone and in particularly Karen & I) how to live the best out of all uncertainties...*

*Freda, you had coped so well everything thrown at you (be it the stoma, the bleeding to become anaemic, the annoying pain now&then, the gradual weight loss, the frailty or even at final message that you had only weeks or days to live) with Grace and utmost EQ, showing your great courage & strong faith in God's protection... We never hear any whinge or complaint from you... but always your cheerful conversation, 'I have no regrets, I have lived a blessed life being able to bring up two decent wonderful daughters shaping them with great independence and insightful reasoning at life... I am okay if I die, I have no worries but to come home with Jesus on my side.'*

*It's my privilege to know you Freda since St. Mark in the Sunday School... and stand by you this year with Karen (and you the 3-sisters) every now and then at your break week from chemo tempting you with yumcha, lobster meal, movies & short trip to Entrance, Bayview Park & Blue Mt... Karen & I will continue to go out though we will miss you very very much... No worries we will surely meet up with Jacaranda blanket on us one day in Heaven* 🤝



*暫別了Freda姊妹，願您安睡主懷，永嚐天家的福樂* 🕊️🕊️🕊️🕊️🕊️



AA.Elsie Leung - January 05, 2022 at 05:44 PM

JL

“ I have known Freda since 2001 as we worked in the same company. She was a hard working, very helpful and it was so joyful to work with her. We became close friends and always kept in touch after she immigrated to Sydney.

She was so energetic, kind, optimistic and full of laughter. It was heartbreaking to lose my dear friend. I will always miss Freda.

Deepest condolences to Ruby and Tracy

Jenny Lodge

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Jenny Lodge - January 05, 2022 at 04:45 PM

MT

“ 人間,Freda 已來過, 和善走一回; 現在萬緣放下, 去美妙的淨土, 回到了天家。

想起Freda, 臉上總掛着愉悅的微笑, 是那麼開心, 寬容, 及堅毅; 相信我們心中會再相會! Freda 永遠懷念妳!

Mei Tai

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Mei Tai - January 05, 2022 at 07:35 AM

GT

“不用誇讚我! 我只是全然信靠上帝,心入面便有平安,一無掛慮! 祝你與家人新年蒙福”

10:27 am 01.01.2022

**Freda**, 這是我在新年的第一天收到你在Whatsapp 的回覆,誰也想不到亦是最後一次的通訊

自從在聖馬可堂與你分別後,我們各自在不同教會聚會,直至去年五,六月得悉你身體抱恙,我們又重聚了,在這短短數月中,我們察覺你十分特別,沒有半點埋怨,面上總掛著笑容,時常感恩,體力充沛時四處品嚐美食,處事週詳,無論大小事都安排妥善. 家訪時室內物品擺設有條,一塵不染!

**Freda**,你雖然早過我們平安抵步,你卻留下美好的榜樣,你的堅毅,從不放棄的心態,積極面對困難,全然信靠上帝,交托後心入面便有平安,一無掛慮! 值得我們學效!

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Grace Tam - January 05, 2022 at 06:07 AM

GT

讓我們活在地上的繼續努力。

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Grace Tam - January 05, 2022 at 06:52 AM

CC

“永遠懷念妳, 很開心可以與妳一起查經!”



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Canme Chan - January 05, 2022 at 05:49 AM

GT

“ Grace Tam lit a candle in memory of Ms  
Freda Suet Ching Kwok



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Grace Tam - January 05, 2022 at 04:21 AM

CN

“ I had known Ching since High School. We were the perfect partners responsible for many mischievous incidents in school. After we left high school, we were never in the same place together -- she was in UK and then Hong Kong while I was in Australia, and just before she moved to Australia, I moved to the United States. However, we kept in contact at least once a year, uninterrupted.

We met a few times in Hong Kong and Sydney. The last time we met, we went to an Alaska cruise for 7 days. That was the best memory ever. We talked every night till late, and yes, we never ran out of things to talk about. Being around Ching just made you happy. She had this positive vibe and nothing ever worried her.

In the cruise, she came first in a Sudoku competition, and she taught me a few tricks about how to solve certain puzzles. I have been practicing and am very good now. I was going to beat her when we next meet, but I guess I just have to wait till we meet again.

Ching, I really miss you so much, but I am also grateful that I had the pleasure of spending quality time with you. I will remember our good times together forever.

Love Fu

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Carole Ng - January 05, 2022 at 04:12 AM

CN

“ *Carole Ng sent a virtual gift in memory of Ms  
Freda Suet Ching Kwok*



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**Carole Ng** - January 05, 2022 at 03:21 AM

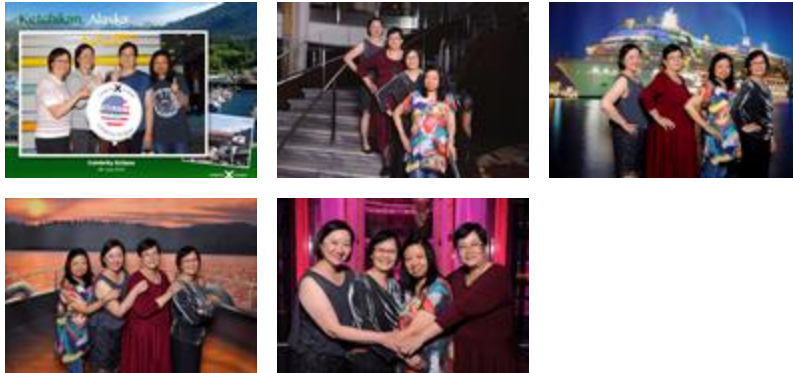
CN

*You will be my angel for the rest of my life.*

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**Carole Ng** - January 05, 2022 at 03:23 AM

CN

“ *7 files added to the album Alaska cruise Jul.2019*

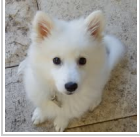


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**Carole Ng** - January 05, 2022 at 03:19 AM

CN

*Alaska cruise with Fu, Kit, and Lily.*

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**Carole Ng** - January 05, 2022 at 04:13 AM



“ I know Freda for many years, since she migrated to Sydney and C&W gatherings started. Her gregarious, full of energy personality catches our attention. Her conversation and laughter brings joy to people around her. Freda is warmhearted, hopeful and faithful, her positive attitude to life is a great example for others. She’s a great soul that will bring us together again and again.

*We recall colours seem brighter when she’s around. She will never be forgotten and will live on in our hearts.*

*Polun & Fred*

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**Cleo Pie** - January 04, 2022 at 11:42 PM

BA

“ Freda’s faith in the Lord and diligence in studying God’s Word is a great example for all of us at the Bible Exposition Society Australia. Although we sadly miss her, we feel comforting to know that she is now resting peacefully in the arms of our Lord. May our Lord comfort Ruby and Tracy during this difficult time.

*In thoughts and prayers from*

*Friends at BESA* 🙏🙏🙏

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**Bible Exposition Society Australia** - January 04, 2022 at 09:27 PM

SL

“ My first impression of Freda some 30 years ago was a knowledgeable yet humble young lady, very easy to work with. I am glad she made it to Sydney adding tremendous fun and laughter to our social group. There might be tears behind those laughs but she only shared her joy with us, her tough and brave personality is why she was able to turn setbacks into motivation, used them to travel and visit friends all over the world, including attending funeral overseas. She is such a helpful colleague, a loving caring friend and an inspiring role model in God's family, I will miss her deeply, may Freda rest in peace and my sincere condolences to Ruby and Tracy!

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Sam Li - January 04, 2022 at 08:59 PM

SL

“ Ruby and Tracy, with deepest sympathy on the loss of your beloved mother.

I have known Freda in 1980 and worked in the same company for a while. She came to Australia with her daughters in 2003. We worked in the city but not the same company for several years. We had chats during lunch break. She worked hard but never complained about her work, or to anyone. Freda will be greatly loved, respected and admired.

May her soul rest in eternal peace.

Suen Leung and Catherine



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suen lun leung - January 04, 2022 at 08:11 PM



“ I knew Freda since the first day she stepped in our Cables & Wireless office in Hong Kong. She was always optimistic and had a positive attitude. Among our friends, Freda was always supportive and showed her love for others. It was a deep sorrow that we will miss her. Here, I send my sincere condolences to Tracy and Ruby.

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**Ivan Lai** - January 04, 2022 at 08:02 PM

KK

“ Freda is such a nice friend we never forget. We missed her. RIP.

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**Kong and Evelyn Kung** - January 04, 2022 at 07:48 PM

MY

“ It's a blessing from God that we come to know each other. You have been a loving and caring mother and have been so brave and courageous through these years. You are also very positive and have a deep faith in God . I have learned a lot from you and trust that you are now resting peacefully in God's arms. You will be always in my hearts.

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**Magdalene and Herman Yu** - January 04, 2022 at 07:02 PM

RT

“ 1 file added to the tribute wall



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**Ruby Tsang** - January 04, 2022 at 06:27 PM

AL

*Stay strong Ruby while you're on other side of the world... be proud of yourself giving your best at everything with courage and EQ learnt from your mum... my thoughts & prayers be with you... we will keep an eye on Tracy while she's in Sydney 🙏🙏🙏*

AA.Elsie Leung - January 05, 2022 at 06:49 PM

AC

*“ I have the privilege of knowing Freda personally and becoming her sister in Christ ever since I sat next to her each Sunday during church service many years ago. I am blessed to have known Freda and grateful for God to place us together to become sisters in Christ. Over the years Freda had always been a supportive friend and someone who always stand by your side with love and care. She stood by me like a mother to a child who is always there to listen and help. She always used her words to encourage and strengthen others. Not only she was a woman of strong faith but also of great courage. She was a true fighter. She carried herself with 'strength and stillness' regardless of what life throws at her. And I am truly inspired by her integrity and positivity. It is with deep sadness to lose Freda and I believe we each hold a special place for her in our hearts. May God take care of Freda in heaven. May God comforts Tracy and Ruby for their loss of their beloved mother.*

Amy Cheng - January 04, 2022 at 07:59 AM

HS

*“ Freda, I will miss you my good god sister, I never forgot you look after me and care me. You always in my heart. I never forgot we did tumour surgery in same year 2017. Hope you rest in peace in my dearly heavenly father. Our heart go out to you Ruby and Tracy in your time of sorrow*



Helen So - January 04, 2022 at 07:01 AM

MI

*Freda, thank God for your love of His word as seen in your continuous participation in CBSC in the past years. We miss you in the class, but are sure that we shall meet in heaven and be with our Lord together forever! Much love in Christ, Milly*

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**Milly** - January 04, 2022 at 05:11 PM

RC

“ *Words cannot express how saddened I am to hear of your loss, Ruby and Tracy. Please accept my sincere condolences.*

*I have known Freda for more than thirty years since we met in Hong Kong. Her cheerful, optimistic and positive attitude towards life always amazed me. I will miss her terribly.*

*Freda was a faithful Christian, trusting God wholeheartedly all the times. I truly believe that she is with God now.*

*Rest in peace Freda!*

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**Rita Chau** - January 04, 2022 at 04:40 AM

AW

“ *Our deepest condolences, Tracy.*

*We'll treasure the friendship with Freda whose loving memory will stay in our hearts, always.*

*No doubt Freda's strength & spirit will live on with her beloved girls.*

*Be strong & our thoughts are with you.*

*All the best, Anthony & Pat*

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**Anthony Wong** - January 04, 2022 at 03:13 AM

WC

“ I know Freda since Jr High @ SSGC but get to know her a lot more when I moved to Sydney in 2015. We made a point to meet up periodically to catch up and I always enjoyed the great conversation with her over lunch or dinner. Freda was kind, generous and the most positive person I've known. Her courageous fight towards cancer had inspired me in many ways throughout the past year - yes, she had never complained and always put a positive outlook to any situation. Freda, I am going to miss you a lot. Rest in peace my dear friend.



Winnie Cheung - January 04, 2022 at 03:11 AM

EC

“ Freda, I knew you for more than 35 years. You always smiled, acted positively and were faithful to your friends. Since you got cancer two years ago, you have shown yourself a true fighter throughout the journey of cancer treatmnt. You remained positive and has never complained, no matter how hard the life was.

Freda, you are a good friend of mine. God will bless you! Rest in peace! 🙏🙏

Eric Cham - January 04, 2022 at 02:26 AM

ET

Freda was such a wonderful person full of positivity. Ruby & Tracy, may your mother Rest In Peace and forever be in our hearts.

Elke Tam - January 04, 2022 at 03:43 AM

TR

“ 1 file added to the tribute wall



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**Tracy** - January 04, 2022 at 02:10 AM

AL

*Just remember this always, Ruby & Tracy— you're the pride of your mum as she'd always mentioned to us... be strong and happy at lives aiming at quality rather than quantity... my thoughts & prayers go out to you, Auntie Elsie 🌿🌿🌿*

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**AA.Elsie Leung** - January 05, 2022 at 06:57 PM